

## DISTANT ENERGY HEALING

*(Worldwide)*

### POTENTIAL BENEFITS

---

- Relieving pain
- Healing ailments and/or accelerates healing
- Reduces stress
- Better sleep
- Maintains mental, physical & emotional balance, heals on all levels of being
- Loosens up blocked energy & promotes a state of total relaxation - calming, nurturing.
- Enhances current healing / accelerates the body's ability to heal physical ailments & opens the mind & spirit to the cause of disease and pain
- Assists in breaking cycles or if feeling stuck can help shift being stuck

### EXAMPLES OF ALIMENTS/IMBALANCES ENERGY HEALING CAN ACCERLATE HEALING OR IMPROVE SYMPTOMS IN PEOPLE & ANIMALS:

---

- Allergies
- Arthritis
- Bladder
- Blood disorders
- Blood sugar imbalances
- Broken bones
- Calcium absorption
- Cancer (stimulates white cell production of bone marrow which then enters the spleen where the thymus hormone combines to produce the t-cells)
- Circulation
- Colitis
- Constipation
- Cysts
- Diabetes
- Digestive problems
- Edema

- Energy stimulation
- Eye problems
- Fallopian Tubes
- Gallbladder
- Gallstones
- Glands
- Gum problems
- Hay Fever
- Headaches
- Head injuries
- Heart problems
- Hemophilia
- Hemorrhoids
- Herpes
- High blood pressure
- Immune system/stimulation
- Infections
- Intestinal disorders
- Kidney problems
- Lactation disorders
- Liver Disorders
- Lower lungs
- Mental Disorders
- Menstrual cycle pain
- Migraines
- Mucous accumulation
- Nervousness
- Ovarian or menstrual cycle imbalances
- Pancreas
- Prostate
- Sciatica
- Scoliosis
- Sinus blockage
- Spinal injuries (lengthy sessions required repeatedly)
- Stomach Disorders
- Stress
- Stroke
- Upper respiratory congestions
- Throat problems
- Toothache
- Tumors

- Ulcers, spasms
- Urinary tract disorders
- Vaginitis
- Varicose Veins
- Weight control
- Yeast infections

Please note all users:

Content on [www.soulmotivetherapy.com](http://www.soulmotivetherapy.com) is provided for information purposes only and is not intended to replace advice from your doctor or other registered health professional. The information and materials contained on this website are not intended to constitute a comprehensive guide concerning all aspects of the therapy, product or treatment described on the website. All users please seek advice from a registered health care professional for diagnosis and answers to users medical questions and to ascertain whether the particular therapy, service, product or treatment described on the website is suitable in their circumstances. Soul Motive shall not bear any liability for reliance by any user on the materials contained on this website. All clients are to ensure if a particular therapy, service, product or treatment described on the [www.soulmotivetherapy.com](http://www.soulmotivetherapy.com) website is suitable for a clients circumstances . Energy healing is a complementary therapy.

## WHAT IS REIKI / ENERGY HEALING ?:

---

- Reiki renews & balances life force energy
- Reiki is full on unconditional love & peace
- Reiki comes from two Japanese words – Rei & Ki.  
Rei = universal (present everywhere) spiritual wisdom  
Ki = life force, vital energy responsible for maintenance of health
- Reiki enables the therapist to be able to give the gift of healing to people, animals and plants. The Practitioner is a channeler of healing energy (not working with his or her own energy) a receiving station of energy that is then transmitted via the hands which are simply a conduit allowing the creators light to pass through the therapist into the client. The energy will go where it needs to go in an energy healing session.
- A distant energy session normally lasts 1 hour.
- Clients need to ask for healing, permission must be granted & to accept the method so energy healing is received. If a client is not open to energy healing they may block or not receive the energy flow by wanting to resist receiving healing rather than treat their illness, if this is the case a

client may need more time to learn the lesson behind the illness. A body suffering can be a mask of what the mind is suffering. A client may want to get well however the dialogue of the subconscious mind may be completely different in all aspects of total wellbeing and may not want an ailment to be healed for some reason. So it is really important that a clients is open to energy healing and wants to be healed.

- Reiki is neither a dogma nor a religion. It is simply a method for maintaining a person's sense of well being physically, mentally, spiritually & emotionally.

## SPACE CLEARING - HOME, OFFICE, AUTOMOBILE, BOAT - ENERGY HEALING :

---

- Reiki enables the therapist to be able to give the gift of energetic healing also to an environment so therefore Reiki can be channeled into your home, office, automobile and boat. The Practioner is a channeler of healing energy (not working with his or her own energy) a receiving station of energy that is then transmitted via the hands which are simply a conduit allowing the creators light to pass through the therapist into the space. The energy will go where it needs to go in an energy clearing session.
- A Reiki Practioner can clear every room in a building of negative vibrations and replace them with harmonious Reiki life/light energy. The Reiki Master Therapist at Soul Motive can feel the energy blockages in a space that may need some extra attention. Burning of sage and singing bowls are also used to help achieve the right energy frequency in the space and set the intention for the old energy to be cleared and the new energy to be brought in.
- Reiki can be used often and can be used often as you have the opportunity to do so.

### Benefits of space clearing:

- The energy feels a lot lighter in the space after an energy clearing
- Feeling stuck – the space clearing can help break this feeling
- Dense/heavy energy left in the space from previous occupants – clear out past vibes
- Great during or after heavy experiences – relationships coming to an end ie. Break up, passing of a loved one, severe illness, arguing or severe stress, depression or anxiety in a work place or home environments.
- Create a new beginning.
- Health improvements

- Sleep can improve
- Bring the good energy in – calm, harmony in relationships, peace, clear communication, motivation, better results ... energy clearing = all the positive good stuff.

#### SITUATIONS WHEN REIKI CAN NOT BE UNDERTAKEN:

---

- When alcohol has been consumed by the client
- When anesthetic is in a client's body
- If a client possesses a block thinking that it is not possible for them to receive the energy then they will block themselves from receiving the energy healing.